Mission Statement:
Humanity First is a charitable trust established to promote and safeguard human life and dignity. It is a non-political, non-religious, non-sectarian international relief and development agency that works with the world’s poorest and most vulnerable people.

Humanity First was formally established in the UK in 1995, and now has registered operations in 52 countries and projects in many more.

Most of our aid workers and the management of Humanity First are unpaid volunteers and our administrative expenses are negligible. We are able to deliver significantly more aid value in the field than the funds we raise through volunteers, collaboration and global sourcing.

Objectives:
RELIEVE
suffering caused by natural disasters or human conflict

STRENGTHEN
people’s capacity to help themselves

PROMOTE PEACE
and understanding based upon mutual tolerance and respect

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Chairman’s Review

2016 has seen a growing focus on healthcare in Humanity First. Our existing clinics and hospital facilities in Benin, Burkina Faso, Indonesia and Mali continue to serve thousands of patients.

This year, Humanity First has made strides to establish new hospital facilities in Guatemala, Senegal and Ivory Coast. This is part of a drive towards the provision of Sustainable Healthcare to some of the world’s poorest communities. We continued to respond to natural and man-made disasters across the world, and in a sign of our growing reach, were able to respond to concurrent earthquakes in Japan and Ecuador in April.

Since we began, Humanity First has responded to disasters in 61 countries, and assisted over 930,000 victims.

Humanity First is grateful for partnerships with a range of organisations which enables us to be able to do more. We could not be successful without our thousands of dedicated, expert volunteers. Whether you are raising funds, teaching, designing or building new facilities, offering your clinical or engineering expertise, painting schools, driving or doing a range of other valuable tasks, your efforts are worth millions of dollars to us, without which we could not reach the many on the modest funds that we work with.

God Bless you all.

Ahmad Yahya Sayed
Chairman

Humanity First

income countries lack resources and are uninspiring places to learn, so this year we launched our Classroom Transformation Project which was piloted in many countries to great effect.

Most of our aid workers, and senior managers of Humanity First are unpaid volunteers, and as a result our administrative expenses are low. Through the dedication of our volunteers, we are able to deliver significant aid value, further enhanced through collaborative working, partnerships and efficient global sourcing.

Humanity First has made strides to establish new hospital facilities in Guatemala, Senegal and Ivory Coast. This is part of a drive towards the provision of Sustainable Healthcare to some of the world’s poorest communities. We continued to respond to natural and man-made disasters across the world, and in a sign of our growing reach, were able to respond to concurrent earthquakes in Japan and Ecuador in April.

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Ahmad Yahya Sayed
Chairman

Humanity First
5 Year Impact

- Disaster Relief
- Community Care (incl. Orphan Care)
- Food Security
- Knowledge for Life
- Water for Life
- Global Health
- Gift of Sight

Number of Total Beneficiaries in 2016
“Many regions lack health centres for hundreds of miles”

Humanity First is at the forefront of efforts to introduce sustainable healthcare in Africa. The Ebola crisis of 2014 exposed the lack of proper health facilities, locally trained clinicians and weaknesses in processes across much of the region, leading to thousands of deaths. We also know from UNICEF that every day, 22,000 children die from treatable conditions.

Poor access to healthcare is compounded by infrastructure constraints. Many regions lack health centres for hundreds of miles, and with the poor quality of roads, many villagers never access professional healthcare support. There is variable access to resources such as medication and prescription glasses in the region.

Poor health is not just a result of lack of facilities, but is also affected by poor logistics, lack of access to safe drinking water, poor sanitation and hygiene and insufficient food. So, any approach needs to take all of these factors into consideration.

So our approach is multi-faceted:

- Build clinical facilities and ensure access to low income populations
- Enhance teaching of local clinicians into our hospital projects to increase local clinical capacity
- Deploy mobile clinics and surgical units to reach remote communities
- Build up clinical capacity through national training programmes
- Deploy water and sanitation installations for rural communities and train children in schools in the importance of good hygiene
- Enable farming communities to move from subsistence to commercial agriculture

As a result, we have been able to make real and tangible progress in countries such as The Gambia, Sierra Leone, Mali, Senegal, Benin, Ivory Coast, Burkina Faso, Togo and Ghana. There are many examples we could highlight, one from this year is that we trained clinicians in The Gambia to be able to perform an AV Fistula procedure locally. So now, kidney patients no longer need to spend so much to travel across borders to Senegal for treatment. This advanced but low cost dialysis treatment is now available within The Gambia. This is a major step forward.

Humanity First continues to adopt best practice methodologies through engagement with the United Nations and other partners organisations that are engaged in humanitarian work.
USA Flint Water Crisis (Jan)
The city of Flint in Michigan was faced with a public health disaster when it noticed that its water supply was contaminated. As one of the most impoverished regions within the USA, the people of the town began to suffer serious health issues. Humanity First teams provided 250,000 water bottles for the affected communities, supporting the local YMCA, two senior citizen homes, 3 churches and many other local communities.

Syria Crisis (Jan - Dec)
With the ongoing civil war in Syria, Humanity First continued to support displaced refugees in Ma'arat on the border with Jordan. Humanity First provided tents and blankets, and education for the refugee children. In Turkey, Humanity First has been supporting 2,500 refugees with shelter, food, healthcare and education for the children. The Humanity First team worked in Istanbul, Hatay, Izmir, Mardin and Gaziantep. Humanity First has also been helping to resettle vulnerable Syrian refugees in Canada assisting 322 refugees to resettle.

Fiji Cyclone Winston (Feb)
On 20 February, Category 5 Cyclone Winston became the most powerful Cyclone to make landfall on Fiji, causing widespread damage. More than 350,000 people were displaced. Humanity First responded with emergency food packs in Koro Nabita, Bodalveu, Qarawalu, Vuna and Nwakawau. Humanity First also helped repair many damaged homes.

Italy Gorizia Earthquake (Feb)
A Humanity First, Disaster Relief team was dispatched to the earthquake zone in Gorizia on 20th February. This was one of many earthquakes to hit the central regions of Italy causing widespread structural damage. Humanity First assisted with providing emergency shelter and warm clothing.

Palestine Disaster Relief Team Visit (Feb)
The International Disaster Relief team visited many of the beneficiaries receiving student grants to assist in their undergraduate education. Meetings were also held with many of the District Governor’s discussing the impact on the lives of poor students.
Japan Earthquake (Apr)
On 16 April, a magnitude 7.0 earthquake struck in Kumamoto early in the morning. Over 3,000 people were injured and 50 dead. Humanity First mobilised a team from Nagoya and provided a soup kitchen for several days supporting 5,500 victims.

Ecuador Earthquake (Apr)
On 16 April, a 7.8 magnitude earthquake struck the coastal region killing 550 people. Humanity First sent a team from Canada as well as a team from headquarters to the region and worked in collaboration with the UN and other NGOs. Humanity First installed a water purifier unit providing safe water to 3,500 people. The team distributed blankets and clothing, mosquito nets and repellent, built latrines and showers, and provided emergency food packs. In total Humanity First assisted more than 7,240 people in Ecuador working in Crucita, Miraflores, Muisne, Jaramijo and Rocafuerte.

United Nations Humanitarian Response Depot (UNHRD) (Apr)
In April Humanity First was formally approved as a partner of UNHRD giving Humanity First access to 6 strategically placed depots around the globe to pre-position humanitarian aid items.

Canada Fort McMurray Wildfires (May)
Wildfires swept through Fort McMurray on 1st May causing the largest ever evacuation in Alberta, in which 88,000 people were displaced. Humanity First supported the affected evacuees in Edmonton with emergency shelter and supplies, and also distributed emergency packs in the affected areas where 1,600 homes had been destroyed.

Nigeria IDPs (May - Oct)
With the growing chaos caused by Boko Haram in the north-east of Nigeria, hundreds of thousands of people were internally displaced, or forced to flee abroad to Cameroon and elsewhere. Humanity First responded by providing food hampers, medicines and clothing for over 4,600 refugees in camps in Durumi, Abuja and Maiduguri.
Germany Floods (Jun)
A team from Humanity First went to Simbach am Inn which had been devastated by flooding, and provided assistance in clean-up activities including removing water and debris from homes, and providing families with emergency aid.

India Bihar Floods (Sep)
Floods swept through the state of Bihar. Humanity First India volunteers distributed emergency food packs for 1,200 affected people.

Haiti Hurricane Matthew (Oct)
Category 5 Matthew was the most powerful Hurricane to hit Haiti for a decade on October 4, and resulted in 603 deaths and 2 million people being affected. Humanity First deployed an international team working with the UN, Swiss Red Cross, WFP and the Dutch Navy to reach isolated communities in the west of Haiti. Humanity First teams installed 2 NOAH water purification systems, each providing 2,000 litres of water per day. 150 tons of relief aid was distributed including food, hygiene packs, shelter kits, fuel and water. Soap was distributed to villagers to prevent the spread of Cholera accompanied by information leaflets and education sessions for communities. In total, Humanity First assisted 31,500 victims of the Hurricane in a number of locations including Abricot, Anse D’Ainault, Les Irois, Tiburon and Dame-Marie.

Indonesia Aceh Earthquake (Dec)
Humanity First Indonesia sent an Emergency Medical Team to the affected area and worked in partnership with other disaster relief organisations, to provide medical services to affected population.
Humanity First is providing a wide range of services to vulnerable groups in society across the world, particularly in Europe and North America.

In many countries, Humanity First provides support to the homeless. In France, Humanity First has served more than 4,473 meals to the homeless on the streets of Paris, Strasbourg and Lille. We are grateful to Omercato Goussainville for donated food items for the homeless every weekend. In Canada, 2,050 homeless people were provided with food, blankets and clothing in Vancouver and Toronto.

Humanity First has a number of initiatives to assist children with learning disabilities. In Croatia, Humanity First provided prescription glasses to children with Down Syndrome in Zagreb. In The Gambia, Humanity First has been sponsoring a number of children with learning difficulties at Hart House (just behind our school in Old Yundum) where we pay for their upkeep, provide dental checks and equip the centre with a range of resources and materials.

Our teams have been arranging visits, dinners and entertainment for older people across Europe, and in the UK have built a partnership for services for older people with Staywell in the Surrey area. In Canada, our Seniors First programme provided monthly sessions of health and fitness, computer literacy, tax clinics and trips.
Humanity First supports orphans through a number of our programmes including free access to education and training, heavily subsidised or free access to healthcare.

We also have specific programmes for orphans in different parts of the world. In Benin, Humanity First’s only full time orphanage ‘Darul Ikram’ opened its doors in Porto Novo this year and is gradually being assigned orphans for long term residential care through partnerships with local authorities. The facility consists of dormitories for boys and girls (capacity 46), kitchen, bathrooms, a playground, a hen house and a vegetable garden. The concept is one of ‘virtual families’ such that groups of the children bond with a surrogate mother and also each other. This is beneficial for their well-being and security.

After the Ebola crisis in West Africa, tens of thousands of children were made orphans through the viral outbreak. Humanity First has been supporting over 300 of these orphans in Sierra Leone, Liberia and Guinea Republic with education and basic healthcare. Many of the Ebola survivors are suffering after-effects such as blindness, so basic health checks can help detect conditions before they become too serious. Humanity First is also supporting clusters of orphans in Nigeria and Cameroon.

In Indonesia, the Kaka Asuh programme is providing education acceleration to orphans, for example in the Nurul Ikhwan orphanage in Pondok Cabe. During 2016, a total of 1,767 orphans were assisted in 8 countries through this programme.
With the global financial crises, people across the world have felt the impact of food insecurity. In Europe and North America, Humanity First has been running food banks and food pantries to provide for thousands of vulnerable people in cities such as Toronto, Miami, Portland, St Louis, Seattle, Zion and Philadelphia. In Greater Toronto alone, 12,000 people were served through our food bank which has been running for many years. Our US food pantries served 75,000 meals during 2016.

In parts of Africa, Humanity First has been deploying crop processing machines to convert raw crops such as rice, cous, millet, cassava and maize into higher value crops. This is saving thousands of person hours, especially for women. The machines are able to process such volumes of crops, that many communities are making the step from subsistence to commercial agriculture, and can invest the proceeds in water, education and healthcare. For the women, empowerment through the projects means they have many more hours every week to spend on themselves and their children.

Humanity First has also been providing training in commercial agriculture in Uganda (Budaka) and Senegal (Cassamance).

<table>
<thead>
<tr>
<th>Region</th>
<th>Projects</th>
<th>Estimated Beneficiaries</th>
</tr>
</thead>
<tbody>
<tr>
<td>Americas</td>
<td>Food Banks and Food Pantries, Organic Farm</td>
<td>29,050</td>
</tr>
<tr>
<td>Europe</td>
<td>Food Banks, Emergency Food Packs</td>
<td>11,068</td>
</tr>
<tr>
<td>West Africa</td>
<td>Crop Processing Machines, Garden &amp; Farming Projects, Emergency Food Packs, Agriculture Training</td>
<td>203,843</td>
</tr>
<tr>
<td>East Africa &amp; Middle East</td>
<td>Poultry Management Training, Crop Processing Machines, Food Packs, Gardening Projects</td>
<td>16,115</td>
</tr>
<tr>
<td>South Asia</td>
<td>Gardening Project (Thar)</td>
<td>3,000</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td></td>
<td><strong>263,076</strong></td>
</tr>
</tbody>
</table>
Many schools in low income countries are in a poor state. Classrooms have bare plastered walls, furniture is not in a great state, and there are threadbare resources such as books, posters, computers or art resources. This year, we piloted our Classroom Transformation Project (CTP), initially in Uganda, but then expanded to Jordan, The Gambia, Sierra Leone and Ivory Coast.

Our team of teachers have created a series of posters in English, French and Arabic which are being used as teaching aids in schools. Feedback has been amazing, with teachers and students alike being inspired, and examples such as Mbiko primary school in Uganda where children that had left school during the harvests returned to school months later when they saw how the schools were being improved and painted. At Bakary Sambouya school in The Gambia, Humanity First has helped plaster the walls, build a veranda, provide new furniture, paint the classrooms, deploy posters and build a small library. In 2017, we plan to expand this at scale in countries such as Sierra Leone and Ghana.

Humanity First has also been providing education resources to schools and vulnerable students in countries such as Mexico, USA, Belize, Benin, Indonesia and Senegal.

Humanity First has been building new schools in Mali and Togo, and in total we run 22 schools. Two new schools are under construction in 2017 in Niger where Humanity First is working in Maradi and Konni.

Humanity First runs 28 vocational training centres covering a range of skills including Information Technology, Tailoring, Languages, Hair Dressing, Business Studies, Car Maintenance, Engineering and Construction Trades. We are in the process of establishing an IT Centre in Palestine for blind and visually impaired students including braille keyboards and printers. In recent years, 58,568 students have graduated from our vocational centres.

<table>
<thead>
<tr>
<th>Region</th>
<th>Number of Humanity First Schools</th>
<th>Number of Humanity First Training Centres</th>
<th>Total Beneficiaries</th>
</tr>
</thead>
<tbody>
<tr>
<td>Americas</td>
<td>2</td>
<td>2</td>
<td>3,662</td>
</tr>
<tr>
<td>West Africa</td>
<td>12</td>
<td>21</td>
<td>60,208</td>
</tr>
<tr>
<td>East Africa &amp; Middle East</td>
<td>2</td>
<td>5</td>
<td>3,047</td>
</tr>
<tr>
<td>South Asia</td>
<td>6</td>
<td>0</td>
<td>1,200</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>6</strong></td>
<td><strong>0</strong></td>
<td><strong>68,117</strong></td>
</tr>
</tbody>
</table>
In Pakistan, our drive to provide safe water for pastoral communities in Tharparkar has been a great success. We are approaching 300 wells supporting hundreds of thousands living in harsh desert conditions. These water wells sustain the villagers as well as their livestock, and have greatly improved the lives of local women.

In Africa, we continue to drill new boreholes and also refurbish existing ones. We are working on standardising processes and quality, and looking to invest in more compressor rigs. In Ivory Coast, we are working with local pump manufacturers, for the first time bringing the whole supply chain to Africa. New boreholes were drilled in Nigeria (Nasarawa State) and Cameroon (Noun Division), and 30 new water wells established in Togo. This year 125 new handpumps were installed across Mali, working with our partner IAAAE.

Humanity First has seen that in rural parts of Africa, women often walk 6 miles with a 20kg load to fetch water which is not fit for consumption. The poor quality and low volumes of water mean restrictions in bathing, and also recurring health conditions such as complaints of the stomach, eyes, skin, vector diseases such as malaria and other water-borne diseases. Poor quality drinking water negatively impacts rates of child mortality. Therefore provision of local safe drinking water has a huge impact on health and wellbeing within local communities.

In total, Humanity First has deployed 2,540 clean water installations (260 during 2016) and almost 3.8 million people access their water from these installations every day.
Humanity First continues to support health systems in Africa, Asia and Central America. Humanity First now runs hospitals in Mali, Benin and Indonesia and new hospitals are being established in Senegal, Guatemala and Ivory Coast. The hospital in Benin saw 6,646 patients and 64 babies were born in our maternity clinic. The Asih Sasama clinic in Jogjakarta, Indonesia, served more than 4,000 patients and also undertook outreach projects in remote villages in the region.

Humanity First made huge progress in the construction in Guatemala with the basic structure and roof in place by the end of the year, and equipment being sourced from China. In Senegal, Humanity First is preparing a rented structure in Dakkar and again equipment was shipped from China for this new facility. We are also at the design stage for a new hospital in Yopougon in Ivory Coast, with an associated outpatients clinic planned for Abobo.

Following the devastating impact of Ebola, Humanity First is running medical training programmes to increase clinical capacity and improve quality outcomes for patients. In recent years, the training programme has been very effective in Uganda, Ghana, Benin, Liberia and The Gambia.

Humanity First teams regularly hold medical camps in rural areas to test for conditions such as malaria or hepatitis, provide inoculations, and detect conditions requiring referral to surgical centres. In Guatemala, Humanity First regularly sends teams to hold women’s health camps including screening, and promote health education.

### Region-wise Summary of Beneficiary Numbers

<table>
<thead>
<tr>
<th>Region</th>
<th>Number of Humanity First Hospitals (existing or under construction)</th>
<th>Total Beneficiaries</th>
</tr>
</thead>
<tbody>
<tr>
<td>Americas</td>
<td>1</td>
<td>9,300</td>
</tr>
<tr>
<td>West Africa</td>
<td>3</td>
<td>40,660</td>
</tr>
<tr>
<td>South Asia</td>
<td>1</td>
<td>4,050</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td></td>
<td><strong>54,010</strong></td>
</tr>
</tbody>
</table>
The mobile eye surgery unit that Humanity First deploys in Burkina Faso, continues to be used successfully across the country. Sometimes, when electricity cuts out, even if the local hospitals have to curtail surgery, work continues in our mobile unit. The mobile unit is being used after approval from each regional health authority, and with plans in place for after care in regional health centres after our team move on. In 2016, our team supported 864 cases from the summer, and have capacity now to do over 2,000 procedures a year. A second mobile eye unit is being deployed to Benin and will be operational in late 2017. Eye procedures were also conducted in Mali, Benin and Nigeria in partnership with local hospitals, and similar arrangements are being set up in Sierra Leone and Kenya for 2017.

Humanity First is also providing eye tests and prescription glasses. It is noticeable that in some regions of Africa, many lenses are not commonly available, for example in Sierra Leone, they struggle to access lenses for long sightedness, even from private sources. Humanity First is seeking partnerships with organisations such as ‘One Dollar Glasses’ to improve access and availability in all regions.

This year, we were able to perform many new procedures in Pakistan and Guatemala. Our Humanity First team is providing a range of services to the pastoral communities in the Tharparkar desert region, and this year, we began free eye clinics leading to medication, prescription glasses and in more extreme cases, free cataract surgery for 229 patients.

In Guatemala, our team from Humanity First USA held eye camps in Antigua performed eye tests and 70 cataract procedures working with a team of local ophthalmologists. Eventually, we will be able to use facilities at the new Humanity First hospital being built in the country.

A total of 1,963 patients were able to benefit through the Gift of Sight programme.

<table>
<thead>
<tr>
<th>Region</th>
<th>2016 Beneficiaries</th>
<th>Estimated Beneficiaries</th>
</tr>
</thead>
<tbody>
<tr>
<td>Americas</td>
<td>70</td>
<td>1,298</td>
</tr>
<tr>
<td>West Africa</td>
<td>2,153</td>
<td>14,505</td>
</tr>
<tr>
<td>Europe</td>
<td>30</td>
<td>150</td>
</tr>
<tr>
<td>Asia</td>
<td>229</td>
<td>712</td>
</tr>
<tr>
<td></td>
<td>2,482</td>
<td>16,665</td>
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</table>